

# Programme of Workshops

Brendan O'Hara

*Kinaesiologist and Education Consultant*

August 15<sup>th</sup> – 28<sup>th</sup> 2007

STIRLING UNIVERSITY  
PLUS OTHER VENUES

The workshops are an excellent combination of practical work and activities designed to encourage children's development, combined with very clearly explained theory of early child development.

Course fees are:           £125 per day course  
                                  £240 for 2 courses  
                                  £330 for 3 courses

Wednesday 15 <sup>th</sup> August 2007	<b>WORKSHOP 1</b> <i>Introductory Course</i>	For speech and language and occupational therapists; infant teachers and pre-5 staff; health visitors; parents.
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*Venue:* STIRLING UNIVERSITY

Participants will finish the workshop with a good basic grasp of Brendan's activities and techniques for use with children aged 3 to 7 years. They will also gain a sound understanding of why they are used and how they help the children's overall development. This will include information about the importance of infant reflexes for overall development, including behaviour and speech.

Thursday 16 <sup>th</sup> August 2007	<b>WORKSHOP 2</b> <i>Intermediate Course</i>	For therapists, learning support teachers and support staff – both pre-5 and school age.
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*Venue:* STIRLING UNIVERSITY

This workshop will build on the work covered in Workshop 1. Participants who attended the introductory session last year or in 2004 will find this continuation very valuable, as well as those who were able to attend Workshop 1 this year. Brendan will go into more detail about the specific use of the activities to encourage particular areas of development. Participants will also gain a more detailed understanding of the importance of movement and reflexes in early child development.

Friday 17 <sup>th</sup> August 2007	<b>WORKSHOP 3</b> <i>Experienced Course</i>	For therapists, learning support teachers and support staff – both pre-5 and school age.
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*Venue:* STIRLING UNIVERSITY

The third day will build on the previous 2 workshops, giving participants a thorough understanding of the child's development in particular in relation to infant reflexes. Participants will be able to observe children's movement patterns and be able to start to devise individual programmes to encourage specific areas of development

*Note that therapists or school staff who attend all 3 days will have an extremely valuable range of activities to add to their other skills.*

Monday  
20<sup>th</sup> August 2007

**ACTIVITIES TO HELP  
CHILDREN WHO HAVE  
ADD AND ADHD**

Workshop for therapists, school staff and parents experienced in working with this group of children.

*Venue:* STIRLING MANAGEMENT CENTRE

This day will give participants a very valuable toolbox of a range of activities to help support the children. Everyone will be clear about what they can use, how the activities can help and why.

Tuesday  
21<sup>st</sup> August 2007

**SUPPORTING BABIES AND  
CHILDREN BORN  
PREMATURELY**

Workshop for parents, therapists, pre-5 and school staff.

*Venue:* STIRLING MANAGEMENT CENTRE

This workshop is designed to explore the impact that reflex development and integration has on this group of babies and children, and will offer a range of useful activities to support their development.

Friday  
24<sup>th</sup> August 2007

**HELPING CHILDREN  
DEVELOP THEIR VISUAL  
SKILLS**

NB Application direct to the Scottish Sensory Centre  
0131 651 6501  
Cost £80

*Venue:* SCOTTISH SENSORY CENTRE  
EDINBURGH

This day will concentrate on the importance of the development of eye movement and binocular vision. It will give participants a good understanding of the part infant reflexes play in this important part of a child's development. It will also give them a very useful toolbox of fun activities to help children's development.

Wednesday  
29<sup>th</sup> August 2007

**PUTTING TECHNIQUES  
INTO PRACTICE**

This workshop is for therapists, pre-5 and school learning and inclusion support staff. It is an opportunity to observe Brendan working with children.

*Venue:* CLICK CENTRE, ALLOA

This is a repeat workshop of his visit last year. It provides the best possible demonstration of the possibilities and effectiveness of his techniques. He explains clearly what he is doing and why.

*For further details of each workshop and application forms, and also further details about Brendan O'Hara's work, see:*

[www.educationalot.co.uk](http://www.educationalot.co.uk)

